

FITNESS TRAINERS

ANNUAL WAGES

ENTRY: \$21,300
MEDIAN: \$39,000
HIGH: \$54,100

HOURLY WAGES

ENTRY: \$10.25
MEDIAN: \$18.74
HIGH: \$26.03

EDUCATION AT ENTRY LEVEL

HIGH SCHOOL
DIPLOMA OR GED



THE AUSTIN MSA PROJECTS TO NEED OVER **5,171** FITNESS TRAINERS BY 2031. WILL YOU BE ONE?

JOB DUTIES

- Offer alternatives during classes to accommodate different levels of fitness.
- Plan routines, choose appropriate music, and choose different movements for each set of muscles, depending on participants' capabilities and limitations.
- Evaluate individuals' abilities, needs, and physical conditions, and develop suitable training programs to meet any special requirements.

YOU WILL THRIVE IN THIS POSITION IF...

- You enjoy interacting with people and teaching, inspiring and coaching.
- You are dependable and structured.
- You have self discipline and can teach that skill to others.
- You know how to work independently.



**SCAN TO WATCH A VIDEO
ABOUT THIS CAREER PATHWAY**



[Data Sources](#)

SOC: 25-1193

O'Net, JobsEq, 2021

Texas Workforce Commission, 2021

Prepared by Workforce Solutions Capital Area

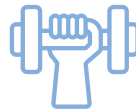
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HOW TO GET STARTED IN THIS CAREER PATHWAY



Take health, science or biology classes while in school.



Teach group exercise classes at your local gym or community center.

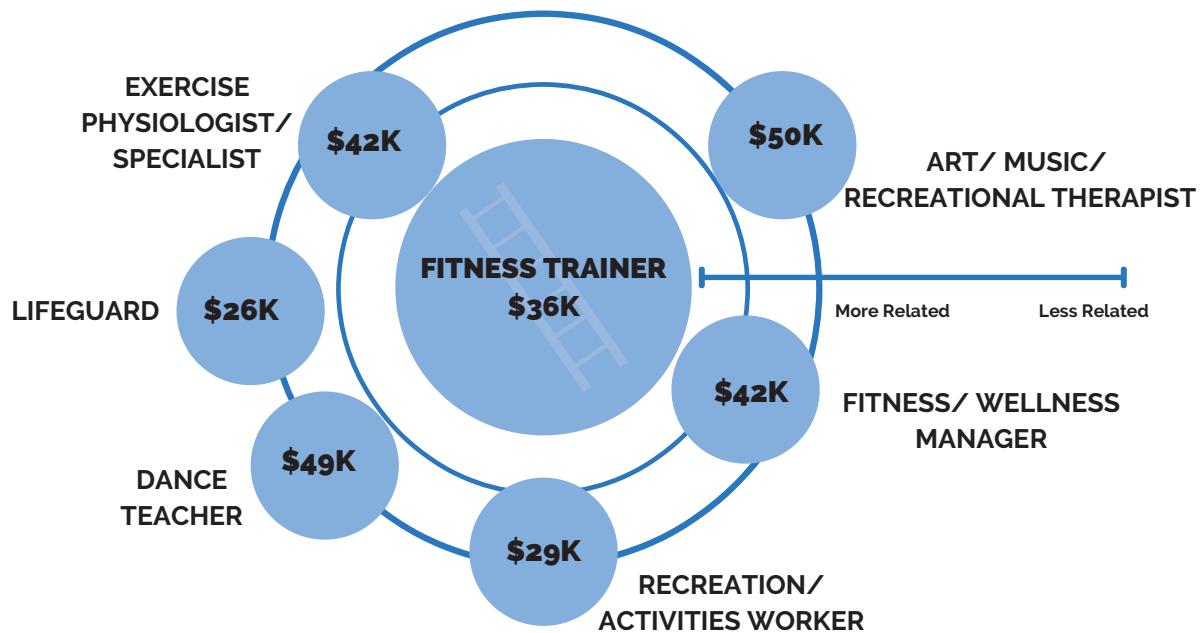


Find a part-time job or internship with a local athletic team. **Register at workintexas.com.**



Complete a personality test or explore more high-demand careers. **Scan the code to get started!**

RELATED JOBS WITH MEDIAN SALARY



WHAT IS SOMETHING NEW YOU LEARNED ABOUT THIS CAREER?
