

Health Science Cluster



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Occupational Therapist Assistants

Opening a can. Feeding a pet. The tasks of daily life can seem impossible for those with physical, mental, or other challenges. If you want to help such people live more independently, but don't want to spend many years in school, a career as an occupational therapist (OT) assistant is a great choice. Working under supervision, OT assistants help patients with rehabilitative activities and exercises.

If you are interested in a career where you can help people be independent, a career as an **occupational therapist assistant** may be for you.

Occupational therapist assistants work under the supervision of occupational therapists. They help to rehabilitate people whose disabilities or conditions make it difficult to complete everyday tasks.

Are You Ready To...?

- Take directions from OTs
- Help patients with activities and exercises
- Keep notes on patient progress
- Prepare paperwork related to health insurance
- Kneel, stoop, and stand for long periods
- Lift and move patients

It Helps To Be...

In good physical shape. You'll be on your feet for long periods of time, and you may have to lift patients. Patience is also a plus.

A Day In The Life...

- Select therapy activities to fit patients' needs and capabilities.
- Monitor patients' performance in therapy activities, providing encouragement.
- Aid patients in dressing and grooming themselves.

Salary and Opportunity in the Austin-area

Median Hourly Wage: \$36.49

*That comes out to more than
\$75,894 a year.*

**In 2016, we had
548 Occupational Therapist
Assistants.
By 2026, we'll need 699.**

Could you be one of the 151?

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Occupational Therapist Assistants

After High School...

In addition to a high school diploma, many employers look for occupational therapist assistants with an **associate's degree or certificate from an accredited school.**



Top 5 Industries for Occupational Therapist Assistants

1. Offices of Other Health Practitioners
2. Nursing Care Facilities (Skilled Nursing Facilities)
3. General Medical and Surgical Hospitals
4. Home Health Care Services
5. Specialty (except Psychiatric and Substance Abuse) Hospitals

For more Career Profiles, visit our website:

[http://www.wfscapitalarea.com/YouthServices/
CareerPlanning.aspx.](http://www.wfscapitalarea.com/YouthServices/CareerPlanning.aspx)

Related Majors

- Dental Assisting
- Medical Assisting
- Occupational Therapy
- Occupational Therapy Assistance
- Physical Therapy
- Physical Therapy Assistance

Related Industry Certifications

- Basic Life Support for Healthcare Providers
- Certified Occupational Therapy Assistant
- Certified Occupational Therapy Assistant—Advanced Practitioner

Related Careers

- Dental Hygienists
- Massage Therapists
- Occupational Therapists
- Pharmacy Technicians
- Physical Therapist Assistants
- Physical Therapists
- Recreational Therapists
- Registered Nurses

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